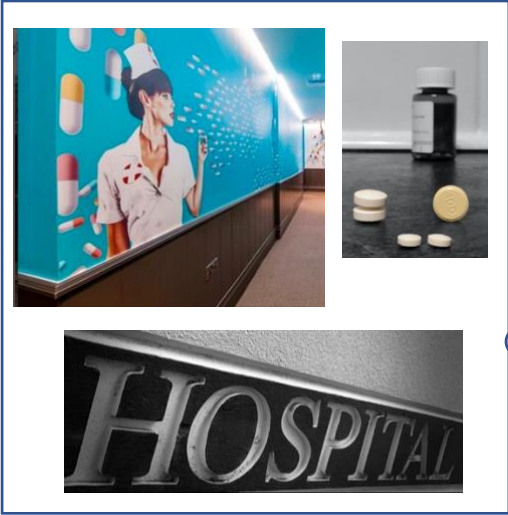




.....SEEKING MEANING IN A DIAGNOSIS



CREATIVE INQUIRY: WHAT IS MISSING FROM OUR CLINICAL EDUCATION?

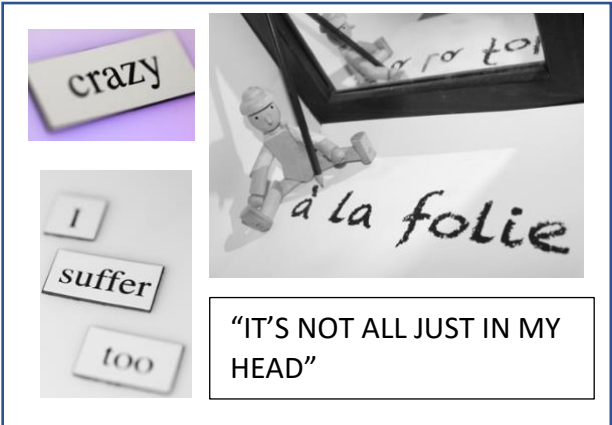


“IF WE DO MORE TESTS, IT WON'T CHANGE THE MANAGEMENT”

DOCTOR

BUT YOU'RE NOT THE ONE FEELING THIS UNWELL, JUST WANTING A **NAME** FOR WHATS WRONG AND **WHY** I'M SUFFERING

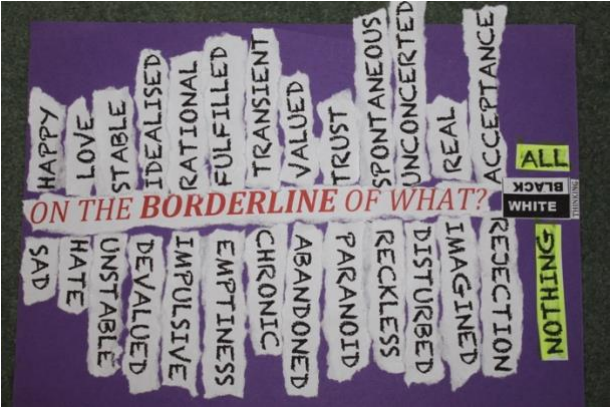
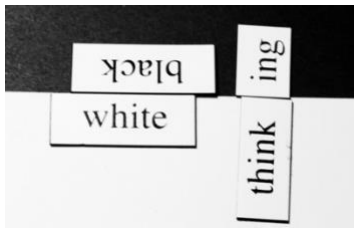
PATIENT



“IT'S NOT ALL JUST IN MY HEAD”

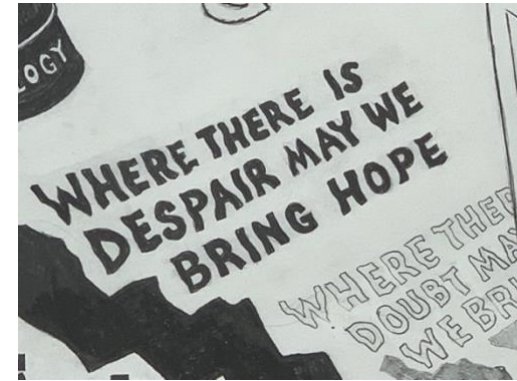
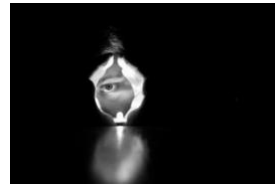


HOW IS YOUR PATIENT REALLY **FEELING** BEHIND THE MASK THEY BE WEARING TO SOCIALLY CONFORM?



SOME CLINICIANS DEVELOP VERY BLACK-AND-WHITE THINKING & CONFORM TO TEXT-BOOK PRESENTATIONS, FORGETTING THEIR PATIENT IS A REAL-LIFE HUMAN BEING, LEADING A LIFE (WITH MANY STRUGGLES) OUTSIDE THE CONSULTATION ROOM – **CLINICIANS OFTEN DON'T APPRECIATE THE MEANING & RELEVANCE A DIAGNOSIS CAN MAKE IN THE REAL OUTSIDE WORLD**

THE SUFFERING THAT BEING UNWELL AND **UNDIAGNOSED** CAN BRING CAN OFTEN LEAD TO A REAL SENSE OF BEING LOST, ALONE AND SCARED



TO SOME PATIENTS BEING GIVEN A **DIAGNOSIS** AND A NAME WITHIN THE **BIOMEDICAL MODEL** FOR THEIR SUFFERING, STRUGGLES OR DIFFERENCES CAN TRULY **BE LIFE-CHANGING IN SUCH A POSITIVE WAY**



SOMETIMES A **MEDICAL DIAGNOSIS** IS WHAT IS NEEDED TO ALLOW A PATIENT TO LEARN HOW TO MAKE ADAPTATIONS & SELF-MANAGE & **CHANGE THEIR LIFE FOR THE BETTER**



THE SENSE OF FEELING SOMETHING IS "WRONG" WITH YOU CAN LEAVE YOU FEELING VERY BROKEN AND DEFECTIVE.

SOMETIMES A *DIAGNOSIS* CAN LEAD TO A SENSE OF MEANING AGAIN.

IT CAN LEAD TO SEEING YOUR LIFE THROUGH A NEW LENS OF **SELF-COMPASSION** AND **SELF-CARE** AND DEVELOPING A WHOLE **NEW SELF-NARRATIVE**



REFLECTIVE PRACTICE- THE FLIP SIDE: MISDIAGNOSIS & IATROGENIC HARM



WHEN LOOKING BACK IS LOOKING FORWARD

IF A PATIENT IS FORCED TO LIVE THEIR LIFE OUTSIDE THE CONSULTATION ROOM WITH THE STIGMA AND DISCRIMINATION ATTACHED TO CERTAIN CONDITIONS - A MISDIAGNOSIS CAN HAVE DEVASTATING IMPACTS. ACKNOWLEDGING THAT A **MISDIAGNOSIS HAS BEEN MADE CAN CHANGE SOMEONE'S LIFE TRAJECTORY**



THERE APPEARS A DISTINCT LACK OF AWARENESS WITHIN CLINICAL EDUCATION ABOUT THE HARM A PATIENT CAN FACE FROM THE **STIGMA** OF LIVING WITH A CONDITION THAT IS **MISDIAGNOSED** & THE DEVASTATING IMPACT THE DISCRIMINATION OF A MISDIAGNOSIS CAN BRING



MANY CLINICIANS SEEM TO THINK THAT THE **MAIN PURPOSE OF A DIAGNOSIS** IS SIMPLY PAVING THE WAY TO **TREATMENT OPTIONS**

THERE IS A DISTINCT LACK OF AWARENESS WITHIN CLINICAL EDUCATION ABOUT HOW LIVING WITH A CERTAIN DIAGNOSES TRANSLATES TO THE **WIDER IMPLICATIONS** TO SOMEONE'S LIFE – ESPECIALLY IF **MISDIAGNOSED**

