



SESSION

PANEL DISCUSSION BREAK

Q O F

TIME (AEST):	SESSION & PRESENTATION:	SPEAKER(S):	
08:00 AM	Badge collection & shop opens		
8:30 AM	Ballroom opens		
08:50 - 09:00 AM	Welcome, housekeeping & overview of event theme		
SESSION 1: Expl	oring Common Complications in EDS & HSD   <b>Chair:</b> Dr. Alan Hakim		
DIDACTIC			
9:00 - 09:20 AM	Common Non-musculoskeletal Complications in EDS & HSD	Dr. Alan Hakim	
PANEL DISCUSS	SION: Collaborative Management of EDS/HSD Complications		
	Control of control language in EDC C LICE	Dr. Rebecca Ryan	
	Gastrointestinal Issues in EDS & HSD	Luke Hassan Nicole Frost	
)9:20 - 10:15 AM	Neurological Manifestations of EDS & HSD include autonomic dysfunction	Dr. Fraser Burling Dr. Prash Rao	
	Skin Care in EDS & HSD	Dr. Fraser Henderson Dr. Alan Hakim	
	Vasculopathy/Vascular Complications	Glenda Sobey Chris Holdaway	
PANEL Q&A: 10:	15 - 10:45 AM		
0:45 - 10:50 AM	Movement with Jeannie di Bon	Jeannie di Bon	
BREAK: 10:45 - 1:	L:15 AM		
SESSION 2: Advo	ocacy & Support   <b>Chair:</b> Dr. Fraser Burling		
DIDACTIC			
1:15 - 11:45 AM	Improving Access to Care: Lessons from Global Initiatives	Dr. Fraser Burling	
PANEL DISCUSS	SION: Collaborative Approaches to Advocacy & Support		
		Rachel McKenna Jemima Thompson	
	Families & Caregivers: The Impact of EDS & HSD on Relationships & Family Dynamics	Jennifer McKennariey Pauline Slater	
L1:45 - 12:30 PM	Workplace Accommodations & Vocational Rehabilitation: Collaborating for Success	Jacqui Main Sherri Marshall	
	Advocating for Change: Strategies for Self-Advocacy & Community Engagement	Jo Hargreaves Janna Linke	
PANEL Q&A: 12:	30 - 1·00 PM	out it id all the	
::00 - 1:10 PM	Movement with Jeannie di Bon	Jeannie di Bon	
<b>LUNCH:</b> 1:00 - 2:		ocarimic ar borr	
	owering Younger People   <b>Chair:</b> Dr. Louise Tofts		
DIDACTIC	The Impact of EDS & HSD on Children & Young People & the Challenge	Ni I S i	
2:00 - 2:30 PM	& Timing of Diagnosis	Nicole Pates	
PANEL DISCUSS	SION: Collaborative Strategies to Empower Young People		
	Reviewing the new criteria for young people with EDS & HSD	Elizabeth Hornsby Michelle O'Sullivan	
2:30 - 3:15 PM	Transitioning from Pediatric to Adult Care: Building a Supportive Team	Cheree Sheldon Dr. Louise Tofts	
	Supporting Young People with EDS & HSD: Advocacy & Awareness in Educational Settings	Megan Gilmour Katie Cleary	
Developmental De	lays		
PANEL Q&A: 3:1!	5 - 3:45 PM		
3:45 - 3:50 PM	Movement with Jeannie di Bon	Jeannie di Bon	
<b>BREAK:</b> 3:45 - 4:1	.5 PM		
		Dr. Alan Hakim	
	Keynote Panel: The Importance of Teamwork in Diagnosing & Managing	Dr. Louise Tofts Luke Hassan	
4:15 - 4:45 PM	EDS & HSD Patients	Pauline Slater Dr. Prash Rao	
		Dr. Dacre Knight Dr. Clair Francomano	
		Dr. Alan Hakim	

	SATURDAY FEBRUARY	8
7:30 PM	Gala Dinner	
5:30 - 7:30 PM	Craft & Connect	
6:00 - 7:00 PM	Parents & Carers Welcome Drinks Reception	
<b>PANEL Q&amp;A:</b> 4:4	5 - 5:00 PM	Dr. Alan Hakim Dr. Louise Tofts Luke Hassan Pauline Slater Dr. Prash Rao Dr. Dacre Knight Dr. Clair Francomano
4:15 - 4:45 PM	Keynote Panel: The Importance of Teamwork in Diagnosing & Managing EDS & HSD Patients	Dr. Alan Hakim Dr. Louise Tofts Luke Hassan Pauline Slater Dr. Prash Rao Dr. Dacre Knight Dr. Clair Francomano

6:00 - 7:00 PM	Parents & Carers Welcome Drinks Reception	
5:30 - 7:30 PM	Craft & Connect	
7:30 PM Gala Dinner		
	SATURDAY FEBRUARY 8	
TIME (EST):	SESSION & PRESENTATION:	SPEAKER(S):
08:00 AM	Badge collection & shop opens	
08:30 AM	Ballroom opens	
08:50 - 09:00 AM Welcome & housekeeping		
SESSION 4: Evol	ving Care Models & Technology: Innovations in Service Delivery   <b>Chair:</b> Jeann	nie di Bon
DIDACTIC		
09:00 - 09:30 AM	Tech, Tools, & Teams: Transforming Healthcare for Hypermobility	Melissa Williams
PANEL DISCUSS	ION: Collaborative Insights for Delivering Care & Support	
09:30 - 10:15 AM	Leveraging Technology for Symptom Management: Apps, Wearables, & Beyond Online Rehabilitation Programs: A New Era in Allied Health Enhancing Community Engagement through Online Solutions	Michelle O'Sullivan Sophie Shephard Caelum Schild Jeannie di Bon (IMM) Nina Fernandez Dr. Alan Hakim
PANEL Q&A: 10:15 - 10:45 AM		
10:45 - 10:50 AM	Movement with Jeannie di Bon	Jeannie di Bon
<b>BREAK:</b> 10:45 - 11:15 AM		
SESSION 5: Evoloring Movement & Evercise Participation: From Fundamentals to Sports & the Performing Arts		Performing Arts

SESSION 5: Exploring Movement & Exercise Participation: From Fundamentals to Sports & the Performing Arts   Chair: Sharon Hennessey					
DIDACTIC	DIDACTIC				
11:15 - 11:45 AM	The Role of Physical Activity in Managing EDS & HSD: Challenges & Opportunities	Sharon Hennessey			
PANEL DISCUSSION: Collaborative Approaches for Safe Movement					
11:45 - 12:30 PM	Performing Arts & EDS & HSD: Supporting Artists & Athletes  Adaptive Sports & Inclusive Recreation: Empowering Individuals with EDS & HSD	Anita Crawshaw Maria Yee Elizabeth Hornsby			
11.75 12.30 FIVI	Building Resilience & Supporting Well-Being through Movement & Creativity	Dr. Jason Lam Anu Francis			

PANEL DISCUSSION: Collaborative Approaches for Safe Movement				
	Performing Arts & EDS & HSD: Supporting Artists & Athletes	Anita Crawshaw Maria Yee		
11:45 - 12:30 PM	Adaptive Sports & Inclusive Recreation: Empowering Individuals with EDS & HSD	Elizabeth Hornsby Dr. Jason Lam		
	Building Resilience & Supporting Well-Being through Movement & Creativity	Anu Francis		

PANEL Q&A: 12:30 - 1:00 PM		
1:00 - 1:10 PM	Movement with Jeannie di Bon	Jeannie di Bon
LUNCH: 1:00 - 2:00 PM		

DIDACTIC
SESSION 6: Mental Well-being & Neurodivergence   Chair: Sophie Shephard
LUNCH: 1:00 - 2:00 PM

DIDACTIC			
2:00 - 2:30 PM	The link between hypermobility, anxiety, & mental health issues	Irene Ais	
PANEL DISCUSSION: Collaborative Strategies for Supporting Wellbeing			
	Supporting Neurodivergence in EDS & HSD: Understanding & Supporting	Bianca Comfort	

PANEL Q&A: 3:15 - 3:45 PM			
	Taking a trauma informed lens when supporting hypermobility	Dr. Louise Tofts	
2:30 - 3:15 PM	Building Resilience: Mindfulness, Meditation, & Mental Wellness Practices	Kylee Black Irene Ais Katie Cleary	
	Unique Challenges	Sophie Shephard	

3:45 - 3:50 PM

4:15 - 4:45 PM

Movement with Jeannie di Bon

<b>BREAK:</b> 3:45 - 4:15 PM				
	Danal Discussion: Addressing the Llowet Needs for those living with EDS & USD	Jacqui Main Dr. Fraser Burling Melissa Williams		

Panel Discussion: Addressing the Unmet Needs for those living with EDS &  ${\sf HSD}$ 

in Australasia Dr. Louise Tofts Janna Linke Cliffton Chan **PANEL Q&A:** 4:45 - 5:00 PM

Jeannie di Bon

Sharon Henessey