



GLOBAL LEARNING CONFERENCE 2025
TEAMWORK
The **Ehlers-Danlos** Society

WORKSHOPS
AGENDA

 **WORKSHOP**  **BREAK**

SUNDAY FEBRUARY 9		
TIME (EST):	SESSION & PRESENTATION:	SPEAKER(S):
08:00 AM	Badge collection & shop opens	
08:30 AM	Ballroom opens	
08:50 - 09:00 AM	Virtual welcome	Lara Bloom
WORKSHOP 1: Pathways to Diagnosis, Navigating Healthcare Systems, & Accessing Support in Australasia Lead: Pauline Slater		
09:00 - 10:30 AM	Intro	Dr. Alan Hakim
	Overview of the NDIS (National Disability Insurance Scheme) and its impact on individuals with EDS & HSD	Pauline Slater
	Strategies for accessing funding and support through the healthcare system	Sherri Marshall
	Case studies highlighting successful navigation of the system	Jo Hargreaves
	Advocacy strategies to capture the attention of key decision-makers, such as government officials, to secure funding for research and raise awareness about EDS at the governmental level.	Kelly McQuinlan
	Interactive discussion on solution-focused approaches to overcoming challenges	Dr. Jason Lam Sophie Shephard
WORKSHOP 2: The Management of POTS in EDS & HSD Lead: Jacqui Main		
09:00 - 10:30 AM	Overview of POTS and its management	Marie-Claire Seeley
	Discussion of innovative treatments and technological advances	Dr. Megan Thomas
	Insights from Healthcare Professionals and Patients with lived experiences	Michelle Santer
	Hands-on exploration of devices and apps to aid in POTS management	Caelum Schild
WORKSHOP 3: Practical Strategies: Perspectives between Healthcare Professionals, Parents, & Children Living with EDS and HSD Lead: Fraser Burling		
09:00 - 10:30 AM	Sharing experiences from parents/carers and children managing daily life with EDS & HSD	Michelle O’Sullivan Katie Cleary
	Discussion on coping strategies for symptom flares and limited energy	Rachel McKenna Jemima Thompson
	Strategies for balancing normalcy and health management in childrens lives	
	Interactive session for sharing life hacks and support mechanisms	
WORKSHOP 4: Cervical Spine Management & Physical Therapy Approaches Lead: Sharon Hennessey		
09:00 - 10:30 AM	Understanding the impact of EDS & HSD on the Cervical Spine	Mark Comerford
	Practical approaches for symptom management through physical therapy	Cliffton Chan
	Education for healthcare professionals on identifying and managing cervical spine issues	Nicole Frost
	Hands-on demonstrations and case studies illustrating effective treatment strategies	
WORKSHOP 5: Mobility Skills Drop in Sessions (In-person only) Lead: Timothy Lachlan - WCMX & Adaptive Skate		
09:00 - 10:30 AM	Mobility Skills Drop in Sessions (In-person only)	Timothy Lachlan WCMX & Adaptive Skate
BREAK: 10:30 - 11:00 AM		
11:15 - 12:45 PM	Repeat all 4 Workshops	
LUNCH: 12:45 - 1:45 PM		
1:45 - 3:30 PM	Repeat all 4 Workshops	
BREAK/END: 3:30 - 4:00 PM		